

Wonderful Wednesdays

A time to recharge your Spirit

Simultaneous Classes & Discussions for Personal and Spiritual Growth
Educational • Multi-Faith • Non-Creedal • Open to Adults Age 18 and Older
Wednesday evenings beginning October 7, 2009, 5:30-9:00 pm

Film Festival -The Big Bang, Life on Earth, and the Rise of Humanity

Dr. David Christian, San Diego State University
October 7th – What Is Big History?
October 14th – Moving Across Multiple Scales
October 21st – Simplicity and Complexity
October 28th – Evidence and the Nature of Science
8:00-9:00 in the Chapel

Southwestern Pottery: Anasazi Design

Learn to work with Clay under the guidance of Master Potter, *Constance Tippet*
Materials Fee \$15, 6:30-8:00 in the Sunroom

Meditation Group

Leader: Rick Meyers
6:30-8:00 in the Chapel

Men's Discussion Group

A discussion group around issues that affect men – health, expectations, work, emotions, roles, using the book *Gatherings: Small Group Ministry for Men* available from UUA bookstore.
Leader: David Reid Cost \$10.00, 6:30-8:00 in Classroom One

Twilight Vespers

Clear your mind and ready your spirit with a Vesper Service featuring candles, soft music, and selected readings.
6:00-6:30 in the Chapel

Supper in the Dining Room 5:30-6:00 pm

Enjoy delicious soup, salad and homemade breadsticks for only \$4.00 per person
Reservations are requested by 5:00pm on Tuesday of each week. Call 687-1891 (Marilyn) to make reservations. You may make a monthly reservation by paying for the meals in advance.

Offered at the Friends Meeting House 17208 Avenue 296, Visalia

Registration Fee: \$25 per quarter (Scholarships are available) (Oct-Dec, 2009). Registration entitles you to Social Period & Vespers, followed by your choice of simultaneous classes.

October 2009 Classes: Meditation Practice • Southwestern Pottery: Anasazi Designs • Men's Discussion • Film Festival: "Big History"

New Classes begin each month **To register, contact: ww@uuvisalia.org**
Or ask for registration form before or after sunday service.

Sponsored by the Unitarian Universalist Fellowship of Visalia www.uuvisalia.org